

Discussion Questions for *Breaking the Mind Barrier* by MaryAnn Diorio, PhD

1. Man is the only creature with a mind that can think, consider, and choose. Man's mind was given to him for one primary reason: so that he can know God. How many people whom you know understand that the primary purpose of the human mind is to know God? Have you ever considered this truth? If not, now may be a good time to do so.
2. What are the personal implications for you as you ponder this new perspective on the purpose of your mind? Does it fill you with amazement? Excitement? Anxiety? Fear? Or something totally different? Explain your choice and the reasons for your choice.
3. The Bible says in Proverbs 23: 7 that "as a man thinks in his heart, so is he." What does this verse mean to you?
4. As a result of the fall of man, the Lie entered the world. The Lie cast a shadow over man's mind. Only the Truth can remove the shadow. The Truth is Jesus Christ. Jesus said that the Truth would set us free from the Lie. What lies have you believed in your own life? How can we know the difference between the Lie and the Truth?
5. Why must the mind be rooted in the Holy Scriptures in order to function properly? What happens when the mind is not rooted in the Holy Scriptures? Read Romans 1: 28 and discuss.
6. Do your thoughts align with the Word of God? If not, what can you do to make them so?
7. Why does winning in life depend on thinking according to the Holy Scriptures?